### Hepatitis A Virus (HAV) Alert for Food Workers

<table>
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<th>HAV is contagious.</th>
<th>At-risk people</th>
<th>Symptoms</th>
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| HAV usually spreads person-to-person through objects, food or drink that are contaminated by small amounts of stool from a person with HAV. | - Are in close contact, care for or live with someone who has HAV.  
- Use injection or non-injection drugs.  
- Are homeless or in temporary housing.  
- Have recently been incarcerated. | - Stomach pain  
- Nausea and vomiting  
- Yellow skin or eyes (jaundice)  
- Diarrhea  
- Loss of appetite  
- Joint pain  
- Pale or clay colored stool  
- Fever  
- Tired  
- Dark-colored urine |

### Staying home from work.

If you have some symptoms and a close friend, relative or roommate who has been diagnosed with HAV in the past 30 days, see a health care provider immediately.

- You’re seeing a health care provider because you have HAV symptoms.
- You’ve seen a health care provider and you have HAV.

### Don’t spread HAV at work.

- Wash your hands with soap and warm water for 20 seconds:
  - Before you:
    - Put on disposable gloves.  
    - Prepare food.  
    - Switch between working with raw food and working with ready-to-eat food.  
    - Work with food that isn’t packaged.  
    - Change kitchen tasks.  
    - Handle or serve food.  
    - Handle clean tableware and utensils.  
    - Handle take-out containers or utensils.  
    - Clean equipment.  
  - After you:
    - Touch bare human body parts other than clean hands and arms.  
    - Use the restroom.  
    - Handle dirty equipment or utensils.  
    - Cough, sneeze or use a handkerchief or tissue.  
    - Use tobacco, eat or drink.  

### Don’t spread HAV outside of work.

- **DON’T SHARE:**  
  - Towels, toothbrushes or eating utensils.
- **DON’T TOUCH:**  
  - Food, drinks, drugs or cigarettes that have been handled by a person with HAV.

HAV spreads person-to-person from ingesting small amounts of fecal matter from a person with HAV. Sexual activity can spread HAV. People who are sick with HAV should avoid sexual contact.

### The vaccination is safe & effective.

- If you’re at risk, you should get vaccinated.
- The vaccine is given as 2 shots, 6 months apart. You need both shots for the vaccine to work long-term.

Contact the Florida Department of Health  
FloridaHealth.gov/hepa  
CDC.gov/Hepatitis  
Immunize.org/Hepatitis-A